### THE 10th PAN AMERICAN WUSHU CHAMPIONSHIPS GENERAL INFORMATION

The Organizing Committee of the 10th Pan-American Wushu Championships is responsible for the organization of the 10th Pan-American Wushu Championships under the sponsorship of the PAWF.

#### 1. DATE AND PLACE

The 10th Pan American Wushu Championships will be held from August 31 - September 08, 2014 in San José, Costa Rica.

#### 2. VENUES

- a. Competition venue Gimnasio Nacional de Costa Rica
- b. Training venue Gimnasio Nacional de Costa Rica

#### 3. COMPETITION EVENTS

Competitions will include Taolu and Sanda.

#### 4. ENTRIES

a. Preliminary Entries

The Preliminary Entry Forms must state the exact number of competitors taking part in the events. And the entries must reach the Organizing Committee of the 10th Pan American Wushu Championships no later than 24:00 (San José Time) on July 19, 2014. They can be sent by mail or fax: Address is as follows:

Organizing Committee of the 10th Pan American Wushu Championships Federación Wushu Kung Fu – Costa Rica Suite #5 Edificio El Campanario – Curridabat P.O.Box 1290 - 1002 San José, Costa Rica

Tel: +506-22802949. +506-22808525

Fax: +506-22808304

Email:wushucostarica@gmail.com

b. Final Entry: Internet Sign-Up System will be adopted. The competitors shall fill out the Final Entry Forms and Registration Form for Movements with Degree of Difficulty of Optional Routines via Internet. The Final Entry Forms shall be printed in two copies. One copy must reach the Organizing Committee by mail or fax no later than 24:00 (San José Time) on August 04, 2014. One copy must be brought with the team as confirmation during team registration.

Website for Internet Sign-up System: http://pawc2014.com

Inquiries: info@pawc2014.com

Email: registration@pawc2014.com Tel: +506 22802949

Fax: +506 22808304 Company: GMT S.A.

- c. No changes or additional entries will be accepted after the time limit.
- d. All entries must be properly typed or printed in English or Chinese. They are valid only when signed by the President or Secretary General of the respective Federation and bearing the official stamp of the Federation.

#### 5. REGISTRATION

All participating teams are required to check – in at the Organizing Committee of the 10th Pan American Wushu Championships no later than 24:00 (San José Time) on September 03, 2014. When registering, the participants should settle the relevant fees of the Championships and IWUF membership fee, confirm the Registration Form for Movements with Degree of Difficulty of Optional Routines and bring the necessary competition equipment, otherwise, the participants are not allowed to participate in the competition.

#### 6. TECHNICAL OFFICIALS

Each participating Taolu Team can send one international grade taolu judge. Each participating Sanda Team can send one international grade sanda judge. International Judges (IWUF License holders) must present their valid certificates issued by IWUF to the Organizing Committee for registration.

The team judges should participate in the <u>Judges Training Course</u> that will be held from August 31 to September 4, 2014.

#### 7. TECHNICAL MEETING

The Technical Meeting for team managers and coaches will take place at 09:00 (San josé Time) on September 04, 2014. The meeting will announce the matters related to the competitions. Each team should send two representatives for taolu and two representatives for sanda to attend the meeting.

#### 8. DRAWING – LOTS CEREMONY

The drawing-lots of the 10th Pan American Wushu Championships will be conducted by the PAWF Technical Committee at 10:00 (San José Time) on September 04, 2014. Each team may send two taolu and two sanda representatives to attend the ceremony. The PAWF Technical Committee will draw on behalf of the teams that are unable to send a representative.

#### 9. WEIGHING-IN

The first official weighing-in ceremony for sanda athletes will take place at 7:00 (Costa Rica Time) on September 4, 2014. Following IWUF's recommendations, **there will be a daily weighing-in for Sanda athletes**. The time and place will be announced in due time.

#### 10. PLACING AND AWARDS

a. Taolu:

1st place Gold Medal & Certificate
2nd place Silver Medal & Certificate
3rd place Bronze Medal & Certificate

4th – 8th place Certificate

b. Sanda:

1st placeGold Medal & Certificate2nd placeSilver Medal & Certificate3rd place (juxtaposition)Bronze Medal & Certificate

#### 11. FINANCIAL CONDITIONS

a. The international airfare of participating teams shall be borne by the teams themselves. During the competition, there are three categories of hotels are available:

4-star hotel: US\$80 per person per day(triple room),

US\$ 95 per person per day (double room), US\$ 125 per person per day (single room)

\*breakfast, lunch and dinner included.

The participating teams shall pay the accommodation fees to the Organizing Committee of the 10th Pan American Wushu Championships upon registration or beforehand to the account shown below. Those who choose to make the payment prior to arriving, please send proof of payment prior to arrival and bring a copy with them. The person/entity making the payment will be responsible for all commissions involved.

b. The Organizing Committee will arrange the accommodation and transportation for participating teams from 9:00 September 04, 2014 to 12:00 September 8, 2014 (San José Time). If any teams arriving earlier or departing later than the required date, they should inform the Organizing Committee to arrange their accommodation before August 01, 2014. The teams will pay the same price as mentioned in the regulations.

- c. The PAWF and the Organizing Committee request that all participating teams should lodge at the designated hotel. For those who do not stay at the designated hotel and only after being authorized by the Organizing Committee will have to pay a participation fee of US\$125 per athlete and US\$100 per team manager, coach and doctor. The organizing committee will assist any team to find optional lodging, if it is requested before August 15, 2014 The 10th Pan American Wushu Championships Organizing Committee will not be responsible if these participants can't take part in any competition and activities on due time, and they should take the consequences for their actions.
- d. Transportation to and from the venue will be provided ONLY from the officially designated hotel.
- e. All meals with be served at designated times. Anyone missing any of these times will forfeit the meal in question.

#### 12. DOPING CONTROL

Doping control will be conducted during the 10<sup>th</sup> Pan American Wushu Championships according to the requirements of the IOC and World Anti-Doping Agency, and will follow the procedure prescribed in the IWUF Anti-Doping Rules. The number of tests will be decided by the PAWF. If an athlete is found positive result in doping test, he/she will be dealt with the IWUF Anti-Doping Rules.

#### 13. OTHER MATTERS

Each team is required to bring the following:

- a. 3 National flags, regional flags or federation flags (1m×2m);
- b. The national anthem or federation song in CD or cassette;
- c. 3 photos (passport size) per team member;
- d. The original Final Entry Form;
- e. Health Certificates of all athletes and Life Accidental Injury Insurance Certificate (country or region);
- f. The 10th Pan American Wushu Championships "Waiver of Liabilities" for each participant.
- g. The Organizing Committee holds the right to deny the participation of any team that doesn't comply with the terms of these regulations.

### THE 10th PAN AMERICAN WUSHU CHAMPIONSHIPS Taolu Competition – Adults Divisions

#### 1. Date and Place

The 10th Pan American Wushu Championships will be held at the Gimnasio Nacional de Costa Rica from September 01 to September 07, 2014 in San José, Costa Rica.

#### 2. Competition Events

Optional Routine: Changquan, Nanquan, Taijiquan

Compulsory Routine: Changquan, Nanquan, Taijiquan (3rd Set of International Competition Routine)

Optional Short Weapon: Daoshu, Jianshu, Nandao, Taijijian

Optional Long Weapon: Gunshu, Qiangshu, Nangun

Dual Event: 2 – 3 athletes, men and women cannot be mixed

#### 3. Qualifications

a. All the PAWF Member Federations are qualified to participate in the Championships.

- b. Only the Federations who have paid the IWUF annual membership fees of 2013 and 2014 will be allowed to participate in the Championships.
- c. The new member federations can be invited to take part in the Championships after their applications are accepted by the IWUF and PAWF.

#### 4. Participation Methods

- a. Each country or region may enter one (1) team.
- b. Each team shall be composed of maximum **Thirty (30) members**, including one team leader, two coaches, one doctor, **twenty (20) competitors**: ten (10) men and ten (10) women for optional routines and six (6) competitors: three (3) men and three (3) women for 3rd set international competition routines.
- c. Each competitor may enter a maximum four (4) Competition Events (1 Optional Barehand Routine or 1 Compulsory Barehand Routine, 1 Short Weapon Routine, 1 Long Weapon Routine, 1 Dual Event).
- d. Each team may enter one of the dual events both for men and women.
- e. A competitor cannot compete in both the Junior and Adult divisions.
- f. The Registration Form for Degree of Difficulty for Optional Routines (Changquan, Nanquan and Taijiquan) shall be submitted to the PAWF before 24:00 (San José Time) on August 01, 2014.
- g. Each competitor should bring along with a Health Certificate (including electrocardiogram, pulse and blood pressure) issued at least <u>60</u> days before the competitions signed by a qualified doctor and a Life Accidental Injury Insurance Certificate.

#### 5. Competition Methods

- 5.1 The competition shall be individual competition.
- 5.2 The competition will be conducted in accordance with the Rules for International Wushu Taolu Competition endorsed by the IWUF.
- 5.3 The competition shall implement the regulations of the IWUF.
- 5.3.1 Changquan, Nanquan, Taijiquan, Daoshu, Jianshu, Nandao, and Taijijian will be implemented according to optional routine of the competition rules.
- ①The athletes can choose the degree of difficulty of movements of categories A and B. If they choose the degree of difficulty of movements of category C, the value will be awarded according to the value of degree of difficulty of movements of category B.
- ②At the same category of degree of difficulty, the movement with the same degree of difficulty can be done two times at most, but the movement with degree of difficulty of connecting movements cannot be repeated.
  - 5.3.2 Gunshu, Qiangshu, and Nangun

The Scoring Criteria for Non-Degree of Difficulty of Movements will be implemented.

- 5.3.3 The athletes should complete the movements of the optional routines required by the rules.
- 5.3.4 Music shall be accompanied to Taijiquan and Taijijian. 0.2 point will be deducted if there is no music (Lyric is not permitted.) accompanied to the said routines.

5.4 The power of interpretation of the Rules rests solely with the PAWF.

#### 6. Costumes and Equipment

- i) Competitors shall wear Wushu competition costumes in compliance with the Rules during all the competitions.
- ii) All equipment and facilities at the competition and training sites must be in conformity with the Competition Rules.
- iii) Competitors shall bring their own competition apparatus for their respective events.

#### 7. Placing and Awards

The events of men and women will be awarded respectively as follows:

1st – 8th place: The number of competitors is over 10 (group).

 $1_{st}$  -  $3_{rd}$  place: The number of competitors is between 6-9 (group).

 $1_{st} - 2_{nd}$  place: The number of competitors is between 3 - 5 (group).

No place will be awarded if the number of competitors is less than 2 (group).

#### 8. Entries and Registration

A. Entries

a. Preliminary Entries

The Preliminary Entry Forms must reach the Organizing Committee of the 10th Pan American Wushu Championships no later than 24:00 (San José Time) on July 01, 2014. They can be sent by mail or fax. b. The Final Entry Forms must reach the Organizing Committee of the 10th Panamerican Wushu Championships no later than 24:00 (San José Time) on August 01, 2014.

#### B. Registration

- a. The judges are requested to register at the Organizing Committee of the 10th Pan American Wushu Championships on September 01, 2014.
- b. The athletes shall register at the Organizing Committee of the 10th Pan American Wushu Championships on September 03 and 04, 2014.

#### 9. Other matters

#### The 10th PAN AMERICAN WUSHU CHAMPIONSHIPS

#### **Sanda Competition**

#### 1. Date and Place

The 10th Pan American Wushu Championships will be held at the San José Gimnasio Nacional de Costa Rica from September 01 to September 7, 2014 in San José, Costa Rica.

#### 2. Competition Events

- A. Men:
  - a. 48 kg
  - b. 52 kg
  - c. 56 kg
  - d. 60 kg
  - e. 65 kg
  - f. 70 kg
  - g. 75 kg
  - h. 80 kg
  - i. 85 kg
  - j. 90 kg
  - k. 90 kg+
- B. Women:
  - a. 48 kg
  - b. 52 kg
  - c. 56 kg
  - d. 60 kg
  - e. 65 kg
  - f. 70 kg
  - g. 75 kg

#### 3. Qualifications

- a. Only PAWF member federations will be allowed to participate.
- b. Only the Federations who have paid the annual membership fees of 2013 and 2014 will be allowed to participate in the Championships.
- c. The new member federations can be invited to take part in the Championships after their applications are accepted by the IWUF and PAWF.

#### 4. Participation Methods

- a. Each country or region may enter one (1) team.
- b. Each team shall be composed of maximum twenty two (22) members, including one team leader, two coaches, one team doctor, and eighteen (18) competitors (11 men & 7 women), only one athlete per weigh division.
- c. Each team may enter only one (1) athlete in each category.
- d. Each competitor should bring along with a Health Certificate (including electrocardiogram, electroencephalogram, blood pressure, and pulse) issued at least <u>60</u> days before the competitions, a Life Accidental Injury Insurance Certificate and a Waiver of Responsibilities.
- e. Competitors who were born between January 1, 1979 December 31, 1995 (The competitor must be between the year he turns 19 years old until the year he turns 35 years old)
- f. A competitor cannot compete in both the junior and adult divisions.

#### 5. Competition Methods

- a. The competition will be Individual Competition.
- b. The single knockout system will be adopted. If the number of competitors is 3, a single round robin will be adopted.
- c. The competition will be conducted in accordance with the "Rules for International Wushu Sanda

Competition" endorsed by the IWUF.

d. The power of interpretation of the Rules rests solely with the PAWF.

#### 6. Costumes and Equipment

- a. Each competitor must possess two (2) sets of costumes: one set of black and one set of red costumes.
- b. Mouthguard, jockstrap, and bandage must be provided by the competitors themselves.
- c. Gloves and protective equipment will be provided by the Organizing Committee.

#### 7. Placing and Awards

The top three place winners of each category will be awarded for men and women. There will be a juxtaposition for the third place.

#### 8. Entries and Registration

A. Entries

#### a. Preliminary Entries

The Preliminary Entry Forms must reach the Organizing Committee of the 10th Pan American Wushu Championships and no later than 24:00 (San José Time) on **July 19, 2014**. They can be sent by mail or fax.

b. The Final Entry Forms must reach the Organizing Committee of the 10th Pan American Wushu Championships no later than 24:00 (San José Time) on August 04, 2014.

#### B. Registration

- a. The judges are requested to register at the Organizing Committee of the 10th Pan American Wushu Championships on September 01, 2014.
- b. The athletes shall register at the Organizing Committee of the 10th Pan American Wushu Championships on September 03 and 04, 2014.

#### 9. Other matters

#### THE 10<sup>th</sup> PAN AMERICAN WUSHU CHAMPIONSHIPS

#### **Taolu Competition - Junior Divisions**

#### 1. Date and Place

The 10th Pan American Wushu Championships will be held at the San José Gimnasio Nacional de Costa Rica from September 01 to September 7, 2014 in San José, Costa Rica.

#### 2. Competition Events

Group A: Changquan, Jianshu, Daoshu, Gunshu, Qiangshu, Nanquan, Nandao, Nangun, Taijiquan, Taijijian (3rd Set of International Competition Taolu)

Dual Events (2-3 persons, male and female cannot be mixed in competition)

Group B: Changquan, Daoshu, Jianshu, Qiangshu, Gunshu (1<sup>st</sup> Set of International Competition Taolu), 42 Forms Taijijan; Nanquan, Nandao (International Competition Taolu)

Group C: Changquan (No. 3 Elementary Routine), Daoshu, Jianshu, Qiangshu, Gunshu (Elementary Taolu compiled by the IWUF). Each may enter a maximum two (2) Competition Events (one (1) Quanshu, and one (1) Short Weapon Routine, or Long Weapon Routine.

#### 3. Qualifications

- a. All the PAWF Member Federations are qualified to participate in the Championships.
- b. The new member federations can be invited to take part in the Championships after their applications are accepted by the PAWF.

#### 4. Participation Methods

- a. Each country may enter one (1) team.
- b. Each team shall be composed of maximum thirty four (34) members, including one team leader, two
- c. coaches, one doctor, and following competitors:
- d. Group A (3rd set): Ten (10) Competitors, 5 male and 5 female, who were born between January 1,
- e. 1996 December 31, 1998
  - **Group B**: Ten (10) Competitors, 5 male and 5 female, who were born between January 1, 1999 December 31, 2001
  - **Group C**: Ten (10) Competitors, 5 male and 5 female, who were born between January 1, 2002 December 31, 2007
- c. Each competitor of Group A may enter a maximum four (4) Competition Events (1 Quanshu, or 1 Short Weapon Routine, or 1 Long Weapon Routine, or 1 Dual Event).
- g. Each competitor of Group B may enter a maximum three (3) Competition Events (1 Quanshu, or 1 Short Weapon Routine, or 1 Long Weapon Routine).
- h. Each competitor of Group C may enter a **maximum two (2) Competition** Events (1 Quanshu, or 1 Short Weapon Routine, or 1 Long Weapon Routine).
- i. A competitor cannot compete in both the junior and adult divisions.
- j. Each competitor should bring along with a Health Certificate (including electrocardiogram, pulse and blood pressure) issued at least <u>60</u> days before the competitions signed by a qualified doctor and a Life Accidental Injury Insurance Certificate.

#### 5. Competition Methods

- a. The competition shall be individual competition.
- b. The competition will be conducted in accordance with the Rules for International Wushu Taolu Competition endorsed by the IWUF.
- c. The power of interpretation of the Rules rests solely with the PAWF.
- d. Group A: compulsory routines competitions will be implemented according to the optional routine of the competition rules.
- e. Time limit: 42 Forms Taijiquan: 5-6 minutes; 42 Forms Taijijian, 3rd Set of Competition Taijiquan and Taijijian Routines: 3-4 minutes. There is no time requirement for other events.

#### 6. Costumes and Equipment

- i) Competitors shall wear Wushu competition costumes in compliance with the Rules during all the competitions.
- ii) All equipment and facilities at the competition and training sites must be in conformity with the Competition Rules.
- iii) Competitors shall bring their own competition apparatus for their respective events.

#### 7. Placing and Awards

The events of men and women will be awarded respectively as follows:

- 1<sup>st</sup> 8<sup>th</sup> place: The number of competitors is over 10 (group).
- $1^{st} 3^{rd}$  place: The number of competitors is between 6 9 (group).
- $1^{st} 2^{nd}$  place: The number of competitors is between 3 5 (group).
- 1<sup>st</sup> place: The number of competitors is 2 (group).

No place will be awarded if the number of competitors is less than 2 (group), but will be awarded a participation prize.

#### 8. Entries and Registration

#### A. Entries

#### a. Preliminary Entries

The Preliminary Entry Forms must reach the Organizing Committee of the 10th Pan American Wushu Championships and no later than 24:00 (San José Time) on **July 19, 2014**. They can be sent by mail or fax.

b. The Final Entry Forms must reach the Organizing Committee of the 10th Pan American Wushu Championships no later than 24:00 (San José Time) on August 04, 2014.

#### B. Registration

- c. The judges are requested to register at the Organizing Committee of the 10th Pan American Wushu Championships on September 01, 2014.
- d. The athletes shall register at the Organizing Committee of the 10th Pan American Wushu Championships on September 03 and 04, 2014.

#### 9. Other matters

### THE 10<sup>th</sup> PAN AMERICAN WUSHU CHAMPIONSHIPS

#### **Sanda Competition - Junior Divisions**

#### 1. Date and Place

The 10th Pan American Wushu Championships will be held at the San José Gimnasio Nacional de Costa Rica from September 01 to September 7, 2014 in San José, Costa Rica.

#### 2. Competition Events

- A. Men:
  - a. 48 kg
  - b. 52 kg
  - c. 56 kg
  - d. 60 kg
  - e. 65 kg
  - f. 70 kg
  - g. 75 kg
  - h. 80 kg
- B. Women:
  - a. a. 48 kg
  - b. b. 52 kg
  - c. c. 56 kg
  - d. d. 60 kg

#### 3. Qualifications

- a. All the PAWF Member Federations are qualified to participate in the Championships.
- b. The new member federations can be invited to take part in the Championships after their applications are accepted by the PAWF.

#### 4. Participation Methods

- a. Each country or region may enter one (1) team.
- b. Each team shall be composed of maximum sixteen (16) members, including one team leader, two coaches, one team doctor, and twelve (12) competitors (8 men and 4 women).
- c. Each team may enter only one (1) athlete in each category.
- d. Each competitor must submit a health certificate (including electrocardiogram tests, EEG, blood pressure and pulse), with date of issue of 60 days before the event date and certificate of life insurance and the Waiver of Responsibilities.
- e. Competitors who were born between January 1, 1996 December 31, 1998 (The competitor must be between the year he turns 15 years old until the year he turns 18 years old)
- f. A competitor cannot compete in both the junior and adult divisions.

#### 5. Competition Methods

- a. The competition will be Individual Competition.
- b. The knock out system will be adopted. If the number of competitors is 3, a single round robin will be adopted.
- c. The competition will be conducted in accordance with the "Rules for International Wushu Sanda

Competition" endorsed by the IWUF. Kicks to the head as well as successive/continuous punches to the head are not allowed. Each infraction will result in a warning. The competition time of each round shall be 1 minute 30 seconds.

d. The power of interpretation of the Rules rests solely with the PAWF.

#### 6. Costumes and Equipment

- a. Each competitor must possess two (2) sets of costumes: one set of black and one set of red costumes.
- b. Mouthguard, jockstrap, and bandage must be provided by the competitors themselves.
- c. Gloves and protective equipment will be provided by the Organizing Committee.

#### 7. Placing and Awards

The top three place winners of each category will be awarded. There will be a juxtaposition for the third place.

#### 8. Entries and Registration

A. Entries

#### a. Preliminary Entries

The Preliminary Entry Forms must reach the Organizing Committee of the 10th Pan American Wushu Championships and no later than 24:00 (San José Time) on **July 19, 2014**. They can be sent by mail or fax.

b. The Final Entry Forms must reach the Organizing Committee of the 10th Pan American Wushu Championships no later than 24:00 (San José Time) on August 04, 2014.

#### B. Registration

- c. The judges are requested to register at the Organizing Committee of the 10th Pan American Wushu Championships on September 01, 2014.
- d. The athletes shall register at the Organizing Committee of the 10th Pan American Wushu Championships on September 03 and 04, 2014.

#### 9. Other matters

# 10th Pan American Wushu Championships Preliminary Entry Form Taolu Competition

Federation		
Address		
Telephone No.		
Facsimile No.		
Team Manager		
Team Coach		
Team Doctor		
Competitors (All names in capital letters. Please un	derline the surname.)	
EVENT	MALE	FEMALE
1. Changquan		
2. Jianshu		
3. Daoshu		
4. Qiangshu		
5. Gunshu		
6. Taijiquan		
7. Taijijian		
8. Nanquan		
9. Nandao		
10.Nangun		
11.Dual Events		
Total Number of Competitors		
Note: This form must be returned to the Organizing Championships by mail or fax no later than 2		
Signature of President/Secretary Gener	al (With Federation Seal)	Date

# 10th Pan American Wushu Championships Preliminary Entry Form (Sanda Competition)

Federation		
Address		
Telephone No.		
Facsimile No.		
Team Manager		
Team Coach	<del>-</del>	
Team Doctor		
Competitors (All names in capital letters. Please underline the s		T
CATEGORY	MALE	FEMALE
1. 48kg		
2. 52kg		
Ţ		
3. 56kg		
4. 60kg		
5. 65kg		
6. 70kg		
7. 75kg		
8. 80kg		
9. 85kg		
10. 90kg		
11. 90kg+		
Total Number of Competitors		
Note: This form must be returned to the Organizing Committee of the mail or fax no later than 24:00 (San José Time), <b>July 19, 2014.</b>		ıshu Championships by
Signature of President/Secretary General (With Federation Secretary General Gene	eal) Date	 e

# 10th Pan American Wushu Championships Final Entry Form (Taolu Competition)

Fede	ration					
Team	n Manager					
Team	n Coach					
Team	Doctor					
Team	Judge					
Obse	rvers					
Comp	petitors (All n	ames in cap	ital letters. Please under	line the surr	name.)	
NO	ATHLETE (IN EN	_	ATHLETE'S NAME (IN CHINESE)	SEX	AGE	COMPETITION EVENT PLEASE CIRCLE THE NUMBERS
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2						1 2 3 4 5 6 7 8 9 10 11
3						1 2 3 4 5 6 7 8 9 10 11
4						1 2 3 4 5 6 7 8 9 10 11
5						1 2 3 4 5 6 7 8 9 10 11
6						1 2 3 4 5 6 7 8 9 10 11
7						1 2 3 4 5 6 7 8 9 10 11
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9						1 2 3 4 5 6 7 8 9 10 11
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	e of Dual			Athlete's		
	ts (Men) e of Dual			Name Athlete's		
	ts (Women)			Name		
8=Na Note: Cham	nquan, 9=Na This form m	indao, 10=N ust be returr	=Jianshu, 3=Daoshu, 4= angun, 11=Dual Events) ned to the Organizing Co no later than 24:00 (San	mmittee of	he 10th P	
Arriva				Departure:		
Date:				Date:		
Time				Time:		
Flight	t No.			Flight No.		
Sia	nature of Pre	sident/Secre	etary General (With Fede	eration Seal		 Date

# 10th Pan American Wushu Championships Final Entry Form (Sanda Competition)

Fede	ration					
Team	n Manager					
Team	n Coach					
Team	Doctor					
Team	n Judge					
Obse	ervers					
Com	petitors (All names in o	capital letters. Please ι	ınderlir	ne the surnam	e.)	
NO.	ATHLETE'S NAME (IN ENGLISH)	ATHLETE'S NAME (IN CHINESE)	SEX	AGE	CATEGORY	
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
	form must be returned	to the Organizing Cor :00 (San José Time), <i>I</i>			an American Wushu Champio	nships by
	t Details:					
Arriva Date:				eparture: Pate:		
Time				ime:		
Fligh				light No.		
	anature of Procident/S	ecretary General (With	, Eodo	ration Scall	Date	

## The 10th Pan American Wushu Championships WAIVER OF LIABILITIES

Federation				
Name of Participant				
Date of Birth				
Nationality				
Sex				
Passport No.				
Status*Athlete *Team Manager *Coach *Doctor *	*Observer *Judge *Referee			
I,	ne all risk of physical and ne participation in the 10th Pathosted by Pan American Volume, hereafter PAWF and Feder, acting for myself, heir granizing Committee, its cost, actions, suits, and contrary sustain as a result of cost. I fully understand that a gers, representatives, volume Organizing Committee its or such aid. I understand in	leración Wush nental injuries an American V Vushu Federa deracion Wush s, personal off officers, agents oversies at lav or in connectical all medical atte teers, and all officers, repres t is my obligati	nu Kung Fu - Costa R , disabilities and loss Vushu Championship tion (PAWF) and org nu Kung Fu - Costa R icers, agents, represe s, representatives, vo w or in equity by reas on with my participation ention or treatment at other related membe sentatives, volunteer ion to obtain medical	es which es. The 10th panized by Rica entatives plunteers, son of any on in the efforded to ers will be of s, and all coverage.
protest must be conducted in accordance  I agree that my performance, attendance, be filmed or otherwise recorded or release my name, address, voices, poses, picture language, with or without other material, to video, theatrical medium picture, or any othereby Waive any compensation in regard	with the rules of Arbitration, and participation at the 1 ed or telecast live. I conse as and biographical data controughout the Pan Americather medium by any device	on.  Oth Pan Amerion to allow the concerning fullican, without lires now knowr	ican Wushu Champide Organizing Committor parts, in any form mitation, for television or hereafter devised	onships may tee use of or n, radio,
I have read and fully understand the waiv	er listed above.			
(Signature of Parent or Legal Guardian is	required if participant is u	nder 18)		
Signature of Participant	Signature of Pa		1	Date

#### The 10th Pan American Wushu Championships September 01 – September 07, 2014 San José, Costa Rica Preliminary Application Form for Hospitality

Federation	
Address	
Telephone No.	
Facsimile No.	
Contact Person	
Room Details:	
Total Number of Rooms Requested	
Total Days of Lodging	
Number of Male Participants	· · · · · · · · · · · · · · · · · · ·
Number of Female Participants	
Signature of President/Secretary General (With Federation Seal)	Date

This form must be returned to the Organizing Committee of the 10th Pan American Wushu Championships no later than 24:00 (San José Time) on July 19, 2014.

#### Address:

Organizing Committee of the 10th Pan American Wushu Championships Federación Wushu Kung Fu – Costa Rica Suite #5 Edificio El Campanario – Curridabat P.O.Box 1290 - 1002 San José, Costa Rica

Tel: +506-22802949, +506-22808525

Fax: +506-22808304

Email:wushucostarica@gmail.com

#### The 10th Pan American Wushu Championships October 28 – November 6, 2013 San José, Costa Rica **Final Application Form for Hospitality**

Federation Address

2

3

Telephone No. Facsimile No.

	Details:							
Room (s) Required	Name of Applicant(s)	Date of Birth	Passport No.	Citizenship	Arrival Date	Departure Date	Total Days	Total Amount
1	a)							
1	b)							
2	a)							
	b)							
3	a)							
	b)							
4	a)							
	b)							
F	a)							
5	b)							
			Total: USD					
Bank Telep Benef Accou Swift	Banco de Costa Rica Address: San José, Costa hone No. +506 2287-9000 ficiary: ASOCIACION DEF unt No: 001-03135330 code: BCRICRSJ enue's name: GIMNASIO	) PORTIVA	. WUSHU – II	O 3-002-669633	Calles 4-6		,	
Sig	gnature of President/Secre	etary Ger	neral (With Fe	ederation Seal)		Date	_	

This form must be returned to the Organizing Committee of the 10th Pan American Wushu Championships no later than 24:00 (San José Time) on August 04, 2014.

## The 10th Pan American Wushu Championships October 28 – November 6, 2013 San José, Costa Rica Final Application Form for Hospitality

Federation		 	
Address		 	
Telephone No.	<del></del>	 	
Facsimile No.		 	
Contact Person			

#### **Room Details:**

Room (s) Required	Name of Applicant(s)	Date of Birth	Passport No.	Citizenship	Arrival Date	Departure Date	Total Days	Total Amount
6	a)							
	b)							
7	a)							
,	b)							
8	a)							
	b)							
9	a)							
9	b)							
10	a)							
	b)							
			Total: USD					

Bank: Banco de Costa Rica

Bank Address: San José, Costa Rica - Avenidas Central y Segunda; Calles 4-6

Telephone No. +506 2287-9000

Beneficiary: ASOCIACION DEPORTIVA WUSHU - ID 3-002-669633

Account No: 001-03135330 Swift code: BCRICRSJ

The venue's name: GIMNASIO NACIONAL DE COSTA RICA

Signature of President/Secretary General (With Federation Seal)	Date

This form must be returned to the Organizing Committee of the 10th Pan American Wushu Championships no later than 24:00 (San José Time) on August 04, 2014.

### General Schedule

DATE	TIME	CONTENT	VENUE
August 31 (Sunday)	Whole Day	Judges Arrival & Registration	Hotel
September 1 (Monday)	Whole Day	Taolu Judges Course Sanda Judges Arrival and Registration	Hotel
	Whole Day	Taolu and Sanda Judges Course	
September 2 (Tuesday)	Whole Day	Pre-certified Judges Arrival & Registration	Hotel
	Whole Day	Team Arrivals & Registration	
	Whole Day	Taolu and Sanda Judges Course	
September 3 (Wednesday)	Whole Day	Team Arrivals & Registration	Hotel
	Whole Day	Team Training	
	Whole Day	Team Training	Gimnasio Nacional
	07:00 – 08:00	Weighing-in	Hotel
September 4 (Thursday)	9:00 – 11:00	Taolu Judges Exam - Compulsory Routines Sanda Judges Exam - Plattform Judges Gestures	Hotel
(···a·caay)	14:00 - 17:00	Judges Exam - Written & Scoring	Hotel
	20:00 – 21:00	Technical Meeting (Team Mgrs & Coaches)	Hotel
	21:00 - 22:00	Drawing-Lots	Hotel
	Whole Day	Team Training	Gimnasio Nacional
September 5	11:00 – 12:00	PAWF EC Meeting	Hotel
(Friday)	14:00 – 16:00	PAWF Congress	Hotel
	19:00 – 20:00	Opening Ceremony	Gimnasio
	20:00 – 22:00	Taolu & Sanda Competition	Nacional
Comto mb o m C	08:30 - 11:30	Taolu & Sanda Competition	Gimnasio
September 6 (Saturday)	14:30 - 17:30	Taolu & Sanda Competition	Nacional
	19:30 – 22:30	Taolu & Sanda Competition	
	08:30 - 11:30	Taolu & Sanda Competition	Gimnasio
September 7 (Sunday)	14:30 - 17:30	Taolu & Sanda Competition	Nacional
	19:30 – 22:30	Taolu & Sanda Competition	
September 8 (Monday)	Before 13:00 Departure		